

FIGHT LIKE A GIRL

WOMEN'S SELF-DEFENSE SEMINARS



A *Martial Arts for St. Jude* event will be kicking off on April 11th at 10 a.m. at the Po Chi Lam Training Center, in Miramar. The event will raise funds for St. Jude Children's Research Hospital®, the premier center for the research and treatment of childhood cancer and other deadly diseases.

“St. Jude is the leader in the fight against catastrophic childhood diseases such as leukemia, brain tumors and sickle cell disease. Through events like this *Martial Arts for St. Jude*, we can help support the St. Jude mission of finding cures and saving children from across the country and around the world.”

This volunteer-based event will offer two sessions, April 11th and April 25th. The Self Defense sessions will begin at 10:00 a.m. and end at 12:00 p.m. Anyone may participate in either class for a \$25 donation. Participants are encouraged to bring their family and friends to the event. The event offers a great way to learn new skills while helping some of the sickest children in the world. For more information or to participate, contact Arturo at 954-536-4645 or 954-893-6787.

Through programs like *Martial Arts for St. Jude*, the idea of St. Jude founder Danny Thomas to raise funds for the hospital through community-based events is able to continue.

You may also register online at: www.williamsptc.com/selfdefense



Space is limited.
To register, call 954-893-6787

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